

North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

NC-TOPPS

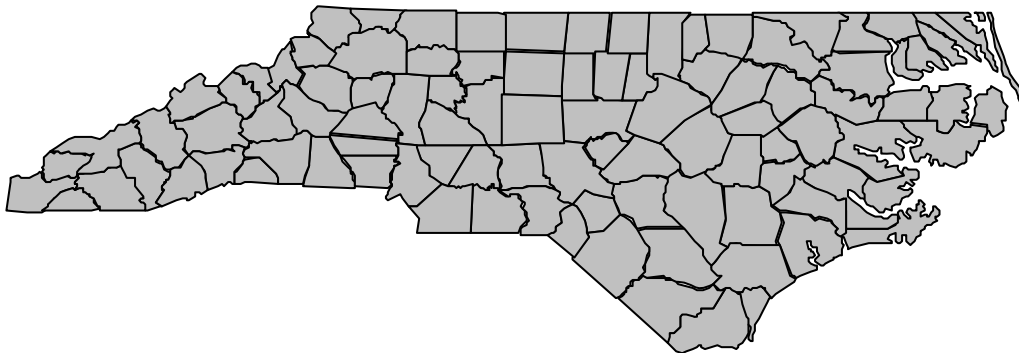
North Carolina Treatment Outcomes and Program Performance System

**Adult Mental Health Consumers:
Guilford LME**

Initial Interviews

July 1, 2007 through June 30, 2008

This report includes consumers receiving only mental health services, and those receiving both mental health and substance abuse services.



Data Collected By:

Center for Urban Affairs and Community Services (CUACS)
NC State University

Report Produced By:

Institute for Community-Based Research
National Development & Research Institutes, Inc. (NDRI)

Prepared For:

Quality Management Team
Community Policy Management Section
DMH/DD/SAS
NC DHHS

July 2008

Introduction

This type of report is available to Local Management Entities, providers and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on data gathered for mental health consumers through the North Carolina Treatment Outcomes and Program Performance System (NC-TOPPS). It provides information gathered through the online NC-TOPPS Initial Interview and includes six pages of charts, tables and text information on mental health consumers' demographic characteristics, symptoms, behaviors and activities, service needs, supports and barriers, family and housing issues and outcome measures collected through an interview with the consumer at the beginning of their treatment. It should be noted that not every data element or response category on the NC-TOPPS Initial Interview is displayed in this report.

Please note that the charts and tables may not always match online queries that you may conduct. The data used in these reports will not necessarily reflect the same points in time. In addition, NDRI who produces these reports cleans the data and removes apparent duplicates prior to preparing the tables and charts.

Additional information about NC-TOPPS and printable version of the interviews are available at <http://www.ncdhhs.gov/mhddsas/nc-topp>

General Information on Interpreting Tables

Types of Statistics	<ul style="list-style-type: none">▶ A <u>count</u> shows the actual number (often designated by the letter “n”) of clients.▶ A <u>percentage</u> is the number of clients with a characteristic or behavior divided by all the clients in the group of interest multiplied by 100. Percentages will be designated with a % sign next to the number.▶ An <u>average</u> is the sum of a set of numbers divided by the number of numbers in the set. When a number in a cell is an average, the word average will appear in the row descriptor.▶ A <u>median</u> is the middle number in a set of numbers, arranged from lowest to highest. For example, the median for the following numbers: 9, 12, 12, 15, 17, 20, 22, 23, 25, 28, 31, 35, 62 is the bolded number, 22. Medians are important measures of central tendency, especially when a mean may be skewed by a very high or very low value. When a number in a cell is a median, the word median will appear in the row descriptor.
Missing Data	For many of the NC-TOPPS forms received, a particular item or question may have been left blank. In calculating the means, medians, and percentages in cells of questionnaire items, this missing data is excluded from the calculation. For example, program X may have submitted 50 assessments but in 2 of the assessments, gender was left blank. When the percent of males is calculated, the 25 males are shown as 52% (25/48*100).
Denominator	The denominator for nearly all percentages is the number of cases shown on the bottom left of the page minus item missing data. All exceptions to this general rule are specifically noted with appropriate text in the graphic or table. This text will state which group is included or excluded from the denominator, such as "of those in the labor force" or "of those with children."
Multiple Response	“Multiple response” indicates a “mark all that apply” type question in which more than one response to a question is allowed. The total of responses may add to greater than 100%. Examples are health insurance or target population. This is in contrast to items such as gender where only a single response is allowed.
Definitions of terms	The appendix at the end of the report gives definitions of acronyms, abbreviations, and other terms used in this report.
Special notes:	



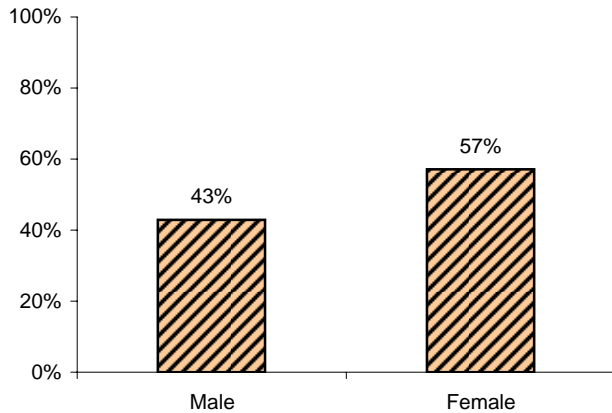
Initial Assessments Received July 1, 2007 through June 30, 2008
Adult Mental Health Consumers
Guilford

This table shows the number of consumers in this report by provider.

Provider	City	ProviderID	Number
Adolescent Alternatives	Greensboro	464	1
Agape Homes, Inc.	Greensboro	2716	12
Alcohol and Drug Services	Greensboro	63	4
Alcohol and Drug Services	High Point	17	2
Allstars Group	Greensboro	2509	21
Alternative Behavioral Solutions	Greensboro	2674	11
Behavioral Health and Wellness Care Services, Inc.	Greensboro	1681	14
Behavioral Link	Greensboro	1209	19
Blessed Alms, Inc.	Greensboro	1873	2
Bridgeway Behavioral Health	High Point	2793	1
CNC/Access (Prime Health Inc./ Health Force)	Greensboro	1278	5
Carolina Residential Care, Inc.	Greensboro	2041	2
Case Management Care, Inc.	Greensboro	2942	3
Community Connections Residential Services, Inc.	High Point	1562	6
Community Resource Solutions	Creedmoor	2895	13
Creative Learning Centers - CSS	Greensboro	2313	8
Dominion Healthcare	Greensboro	1741	38
Dominion Healthcare	Greensboro	2649	9
Embrace Us, Inc.	Greensboro	2562	7
Envisions of Life, LLC	High Point	1203	34
Family Service of the Piedmont	Greensboro	194	102
Family Service of the Piedmont	High Point	195	58
Foster's Care Facility	High Point	1403	6
G & D Residential Services	Greensboro	1677	19
God's Harvest House	Greensboro	2797	6
Guess Community Services, Inc.	Greensboro	1553	39
Guilford Center	Greensboro	22	487
Guilford Center	High Point	82	309
Hamilton Services	Greensboro	293	2
Institute for Family Centered Services	Greensboro	577	20
Joseph's Community Support Services	Kinston	2724	2
Mental Health Association in NC - High Point	High Point	581	11
NC Mentor Network	Greensboro	896	1
New Lite Living Choices	Greensboro	2463	8
PACE, Inc.	High Point	1787	7
PDFNC/Substance Abuse Solutions/Caring Services, Inc.	High Point	136	2
Parakletos Services, Inc.	Jamestown	2511	2
Passionate Care Community Support Services, LP	Goldsboro	2346	5
Psychotherapeutic Services, Inc.	Greensboro	1605	85
RHA Health Services	Concord	1691	9
RHA Health Services	High Point	1972	36

Recovery Innovations of NC, Inc	Greensboro	2495	29
S&L Home Care Services, Inc.	Greensboro	2530	2
S. Carr Rehabilitation and Associates	Greensboro	111	4
Sanctuary House	Greensboro	985	24
Special K Services	Greensboro	2762	7
Step By Step Care, Inc.	High Point	828	1
Therapeutic Alternatives, Inc.	Randleman	857	1
Tiffany Family Care Home	Greensboro	2541	3
UNCG Psychology Clinic	Greensboro	223	6
Unique Assistance LLC	Winston-Salem	2415	2
Virpark Inc Residential Facility	Greensboro	2130	4
Wilson's Professional Care, LLC	High Point	1974	1
Youth Focus, Inc.	Greensboro	2	1
Youth Villages	Greensboro	973	1
Total			1514

1-1: Gender



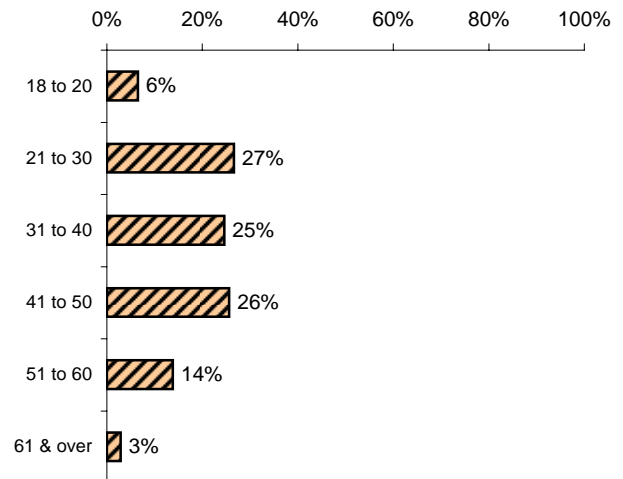
1-2: Hispanic Origin

Of the Guilford consumers, 3% indicate that they are of Hispanic, Latino, or Spanish origin.

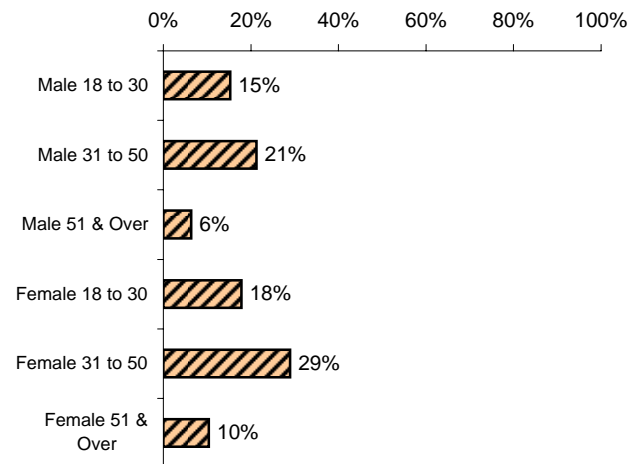
1-3: Race/Ethnicity



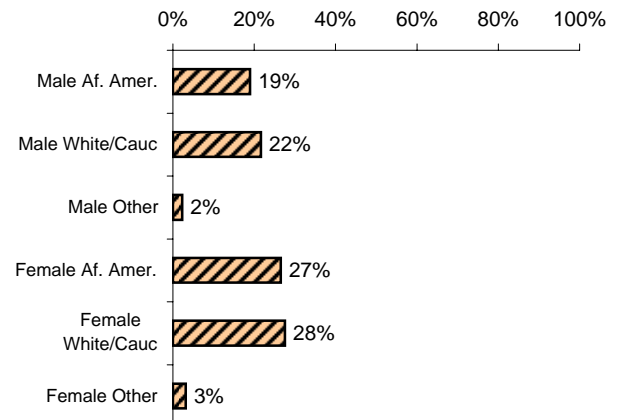
1-5: Age Group



1-6: Gender and Age



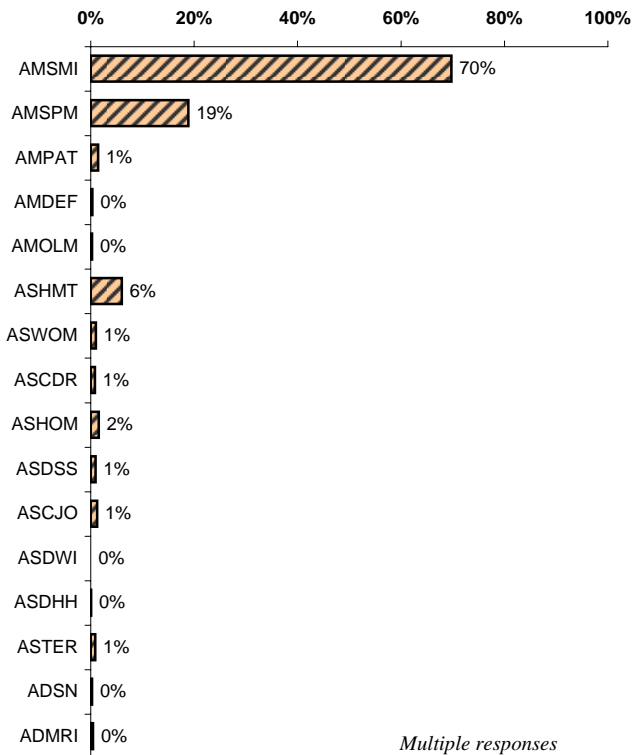
1-7: Gender and Race/Ethnicity



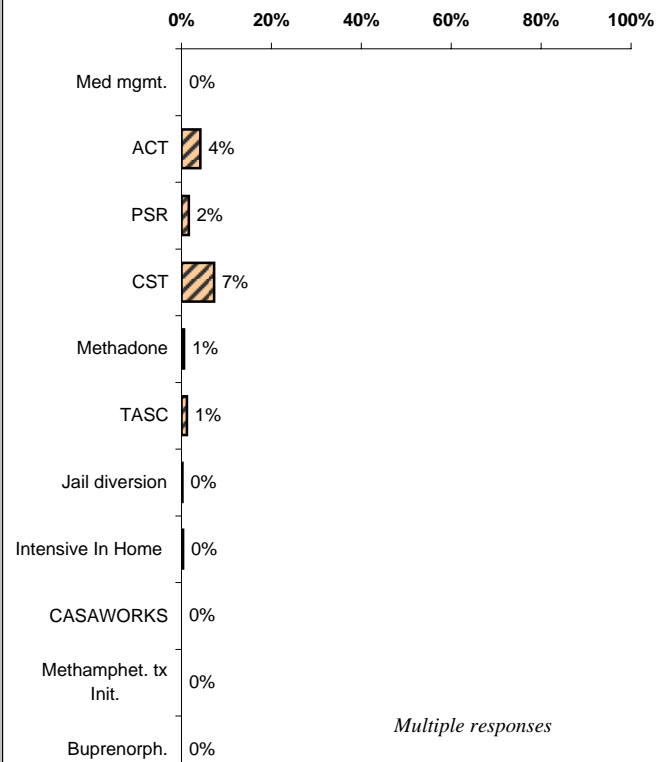
1-4: Legal Guardian and Designated Payee

Has designated payee	10%
Has legal guardian	4%

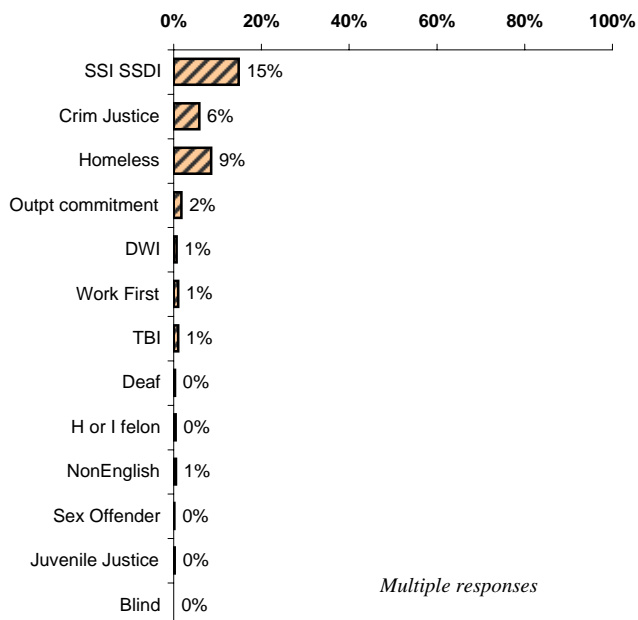
2-1: IPRS Target Populations



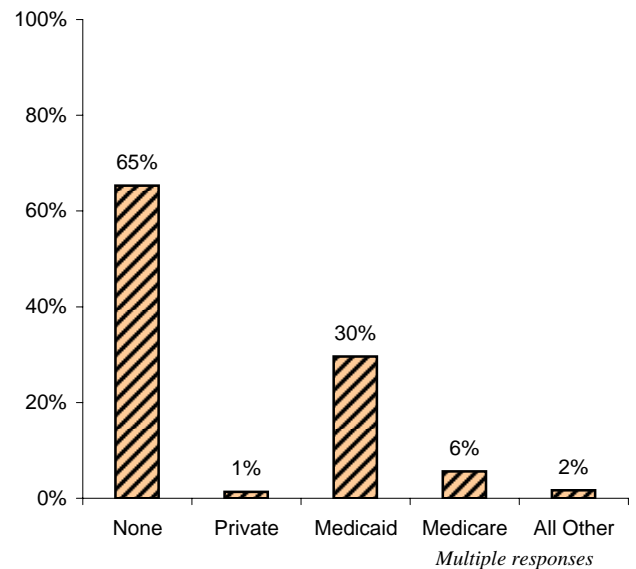
2-3: Special Programs



2-2: Special Populations



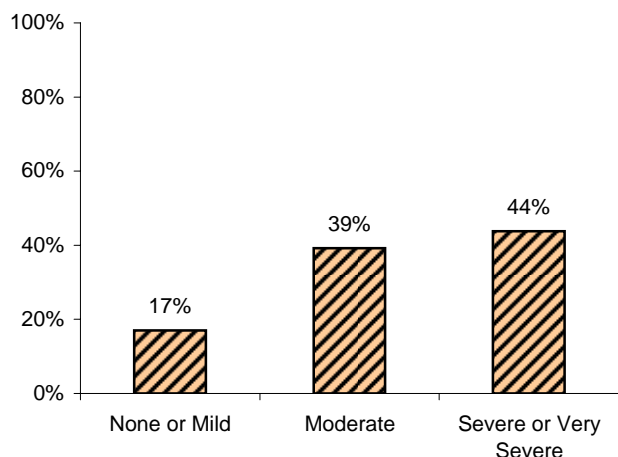
2-4: Health Insurance



Note : Refer to appendix for acronym definitions for all charts on this page.

Number of Initial Interviews: Guilford = 1,514

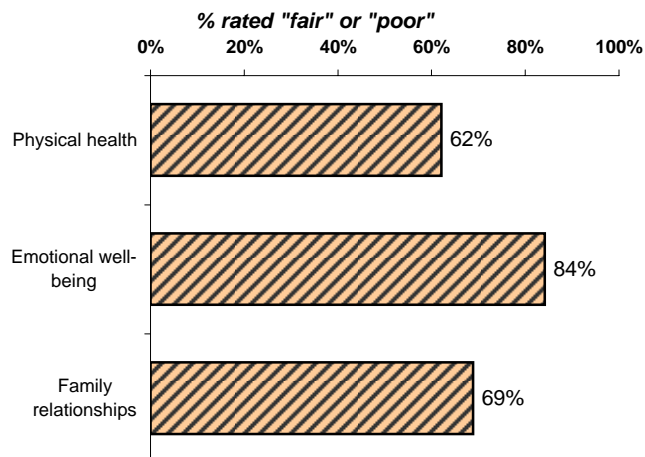
3-1: Severity of Mental Health Symptoms, Past Month



3-2: General Assessment of Functioning (GAF)

Among Guilford consumers, the average GAF score was 45.4 and the median score was 48.

3-3: Consumer Ratings on Quality of Life



3-4: Experienced Violence

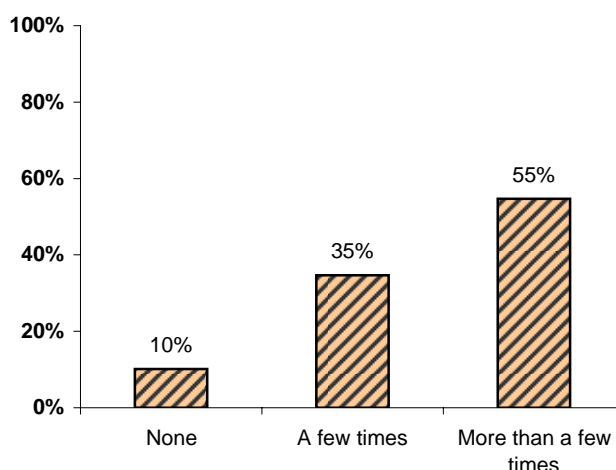
Physical violence, past 3 months	14%
Sexual violence, ever	23%
Sexual violence, past 3 months	2%

3-5: DSM-IV Diagnoses

Diagnostic Category	%
Major Depression	48%
Schizophrenia	18%
Bipolar disorder	22%
Anxiety disorder	13%
PTSD	8%
Personality disorder	4%
Alcohol Abuse	6%
Alcohol Dependence	8%
Drug Abuse	7%
Drug Dependence	13%

* Only most commonly diagnosed conditions shown.

3-6: How Often Problems Interfere with Work, School, or Other Daily Activities, Past 3 Months



3-7: Lifetime Suicide Attempts

36% of Guilford consumers have attempted suicide at least once during their lifetime.

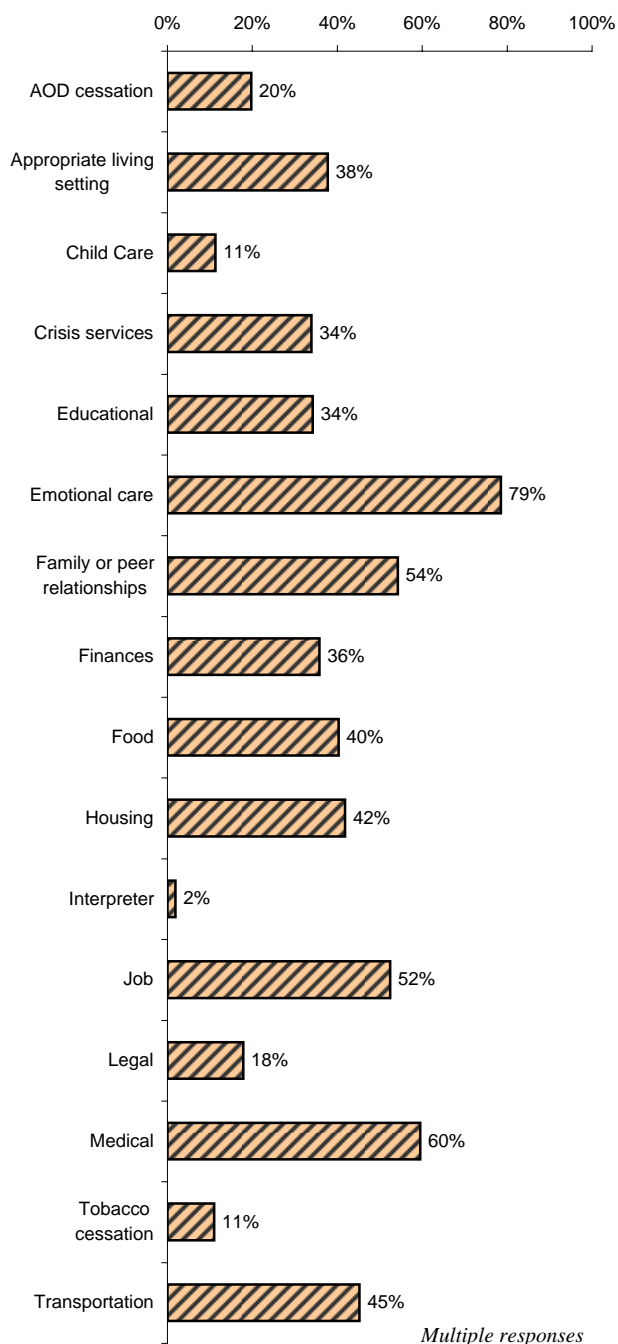
3-8: Behavior Problems and Symptoms Expressed, Past 3 Months

	%
Suicidal thoughts	38%
Tried to hurt or cause self pain	13%
Risky sexual activity	6%
Hit/physically hurt another person	14%

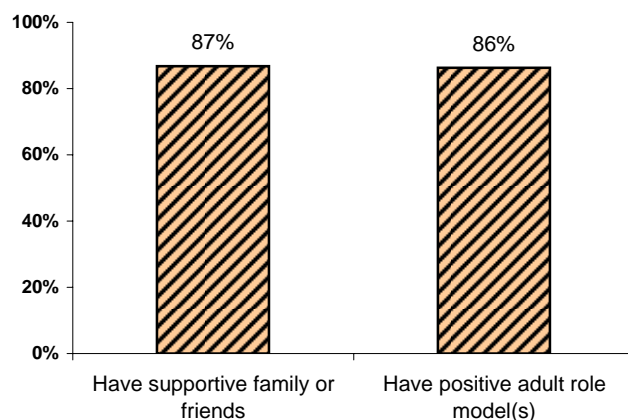
4-1: Public or Private Health Care Provider

Among Guilford consumers, 42% report that they have a health care provider and 38% have seen their provider within the past year.

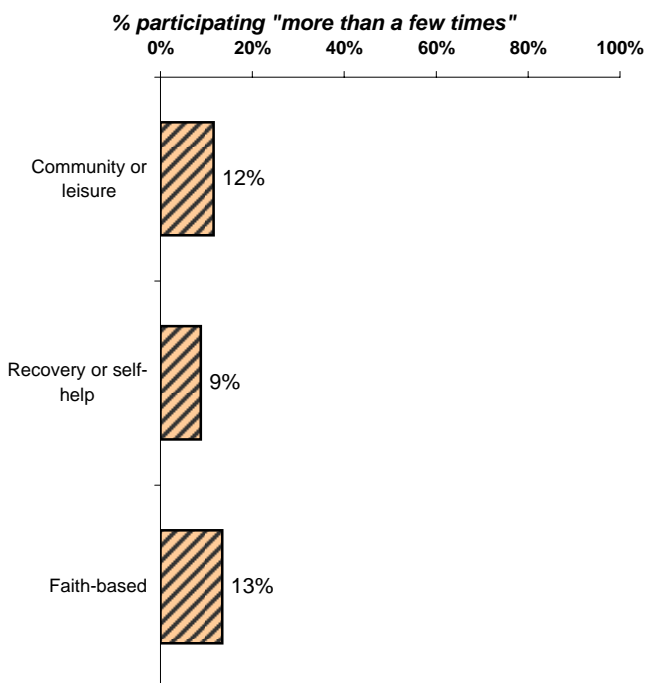
4-2: Service Needs Rated "Very Important"



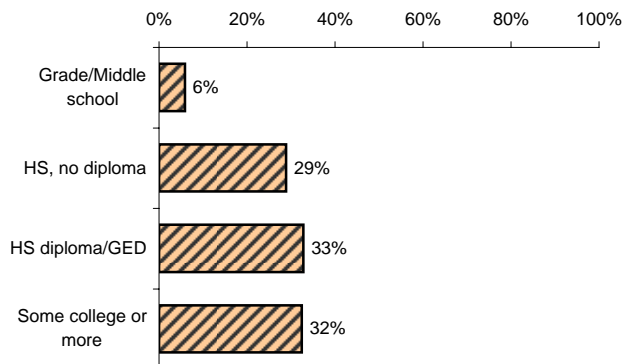
4-3: Support for Recovery



4-4: Consumer Participation in Positive Activities, Past 3 Months



5-1: Highest Educational Achievement



5-2: Marital Status

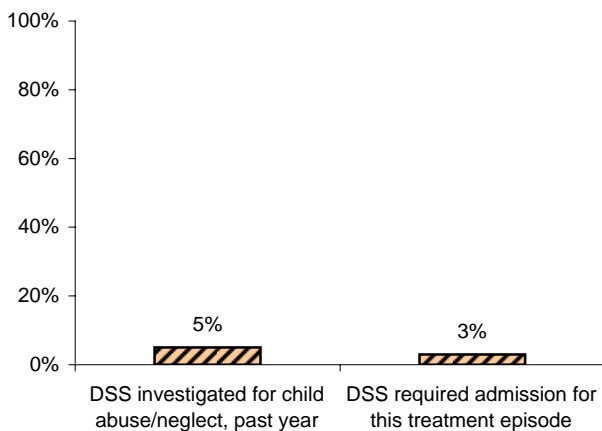
Never married	51%
Married or living as	15%
Divorced/Widowed/Separated	34%

5-3: Children Under 18

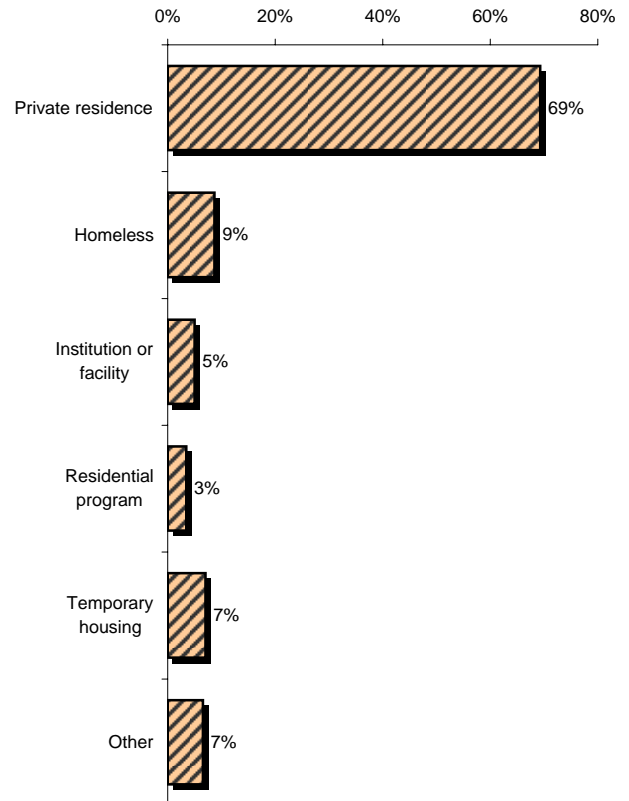
37% of Guilford consumers have children under age 18.

Of those with children...	
Have custody of all children	55%
Have custody of some children	9%
Have custody of none of children	36%

5-4: DSS Involvement



5-5: Where Lived



Note: Of Guilford homeless consumers, 90 were in shelters and 41 were not in shelters.

5-6: Times Moved Residences in the Past Year

No moves	44%
Moved once	27%
Moved two or more times	29%

5-7: Pregnancy Status

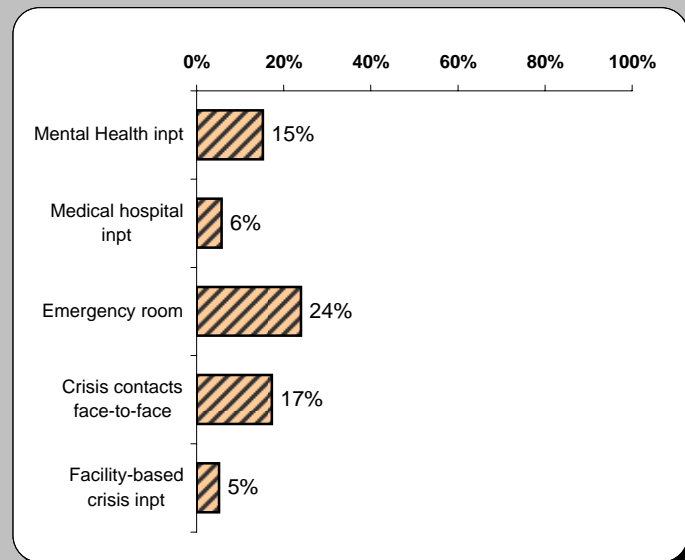
Number currently pregnant	18
Number uncertain about pregnancy status	10
Number in first trimester	10
Number in second trimester	6
Number in third trimester	2

Note: Numbers may not add, due to missing data.

6-1: Lifetime Admission for Inpatient Mental Health

46% of Guilford consumers have had inpatient mental health admissions.

6-2: Health Care: Types of Services Received in the Past 3 Months



6-3: Employment, Past 3 Months

67% of Guilford consumers are in the labor force meaning that they are working, or unemployed and looking for work.

Of those in the labor force...	
Employed full-time	14%
Employed part-time	22%
Unemployed (seeking work)	64%
Of those working...	
Supported employment	7%
Transitional employment	6%

6-4: Arrests Past Month

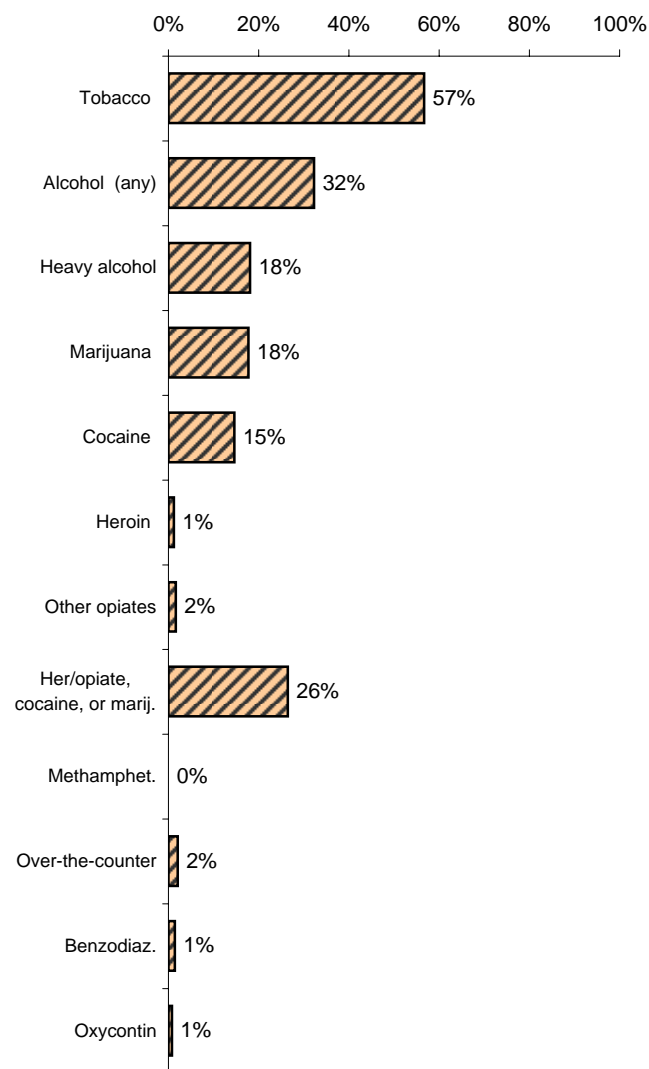
Any Arrest	4%
Misdemeanor Arrest	3%
Felony arrest	1%

6-5: Justice System Involvement

7% of Guilford consumers were under correctional supervision at admission. The court or criminal justice system required treatment for 4%.

6-6: Self-Report Substance Use, Past 12 Months

Bars show % with any use



6-7: Cigarette Smoking

Overall, 54% of Guilford consumers report that they smoked cigarettes in the past month and 24% smoked a pack a day or more.

Appendix

Adult Mental Health

Acronyms and Abbreviations

Acronym or Term	Definition
ACT	Assertive Community Treatment
ADMRI	Target population: Adult with both mental retardation and mental illness
ADSN	Target population: Adult with Developmental Disability
Af American	African American
AMDEF	Target population: Adult MH consumer who is deaf or hard of hearing
AMOLM	Target population: Adult MH consumer receiving Olmstead services
AMPAT	Target population: Adult MH consumer who is homeless (PATH program)
AMSMI	Target population: Adult with serious mental illness
AMSPM	Target population: Adult with serious and persistent mental illness
AOD	Alcohol or other drugs
ASCDR	Target population: Adult injection drug user at risk for communicable disease
ASCJO	Target population: Adult SA consumer who is a criminal justice offender
ASDHH	Target population: Adult SA consumer who is deaf or hard of hearing
ASDSS	Target population: Adult SA consumer who is involved with DSS
ASDWI	Target population: Adult SA consumer who is receiving DWI offender treatment
ASHMT	Target population: Adult with a chronic substance abuse disorder
ASHOM	Target population: Adult SA consumer who is homeless
ASWOM	Target population: Adult SA consumer who is pregnant or has dependent children
Benzodiaz.	Benzodiazepine(s)
Buprenorph.	Buprenorphine
CASAWORKS	Residential program initiative designed to help substance-abusing women
Cauc.	Caucasian
Crim. Justice or CJ	Criminal Justice
CST	Community support team
Detox	Detoxification
DSM	Diagnostic and Statistical Manual (Edition IV)
DSS	Division of Social Services
DWI	Driving while Impaired
GED	General Education Diploma (High School Equivalency)
H or I felon	Class H or I felon (controlled substance) who applied for food stamps
Her	Heroin
HS	High School
IDU	Injection drug use(r)
Marij.	Marijuana
Med. Mgmt.	Psychiatric medication management services
Methamphet.	Methamphetamine(s)
Methamphet. Tx. Initiat.	Methamphetamine Treatment Initiative program
MH	Mental Health
Outpt. Commitment	Outpatient Commitment
PSR	Psychosocial rehabilitation
PTSD	Post-traumatic Stress disorder
SA	Substance Abuse
SSI/SSDI	Supplemental Security Income or Social Security Disability Insurance
TASC	Treatment Accountability for Safer Communities
TBI	Traumatic brain injury
Work First	DSS program for temporary assistance to needy families